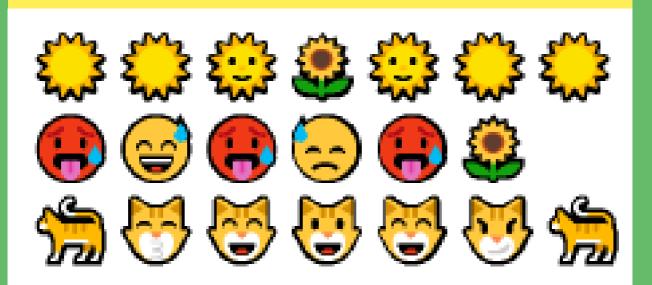
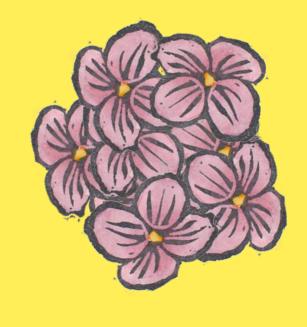


Bad Poem



Hi, I'm your kidney. I've got some stones. No, that's not a metaphor for how tough I am. I'm actually very delicate, and these calcium deposits, which have become large and sentient, are causing me great distress. So by extension, you are in great distress.



You could have your doctor send a hot laser up your urethra to destroy the stones, but I'm pretty sure that would just make them angry. My suggestion is a stealth attack with an antilithic. The stones won't realize they're dissolving until it's too late.



So dig up that hydrangea bush, chop up its roots, and blast away those kidney stones.

Hydrangea Root Tea

One Teaspoon of Dried Hydrangea Root A Cup of Boiled Water Some Ice Cubes

- 1. Add one teaspoon of dried hydrangea roots into a ceramic teapot along with one cup of boiling water and steep for 8-10 minutes.
- 2. Now pour the tea into a cup and drink it three times a day, regularly.
- 3. To make iced tea, empty it into a pitcher and refrigerate it for 12-15 minutes. Add some ice cubes and enjoy!



Language of Flowers

Stop sending people clear, direct messages.
Send your message through metaphor and mystery. Send it with flowers.

Hydrangea, pink or violet, means:
Ostentation, falsehood



What did poor hydrangea do to deserve that meaning? I'm now questioning my love for its globe-like inflorescence.



Emily Dickinson's Herbarium



Rant

So R v. W - some of you aren't going to like this.

Take John Domer, Dack You've allowed the government to tell you what you can and can't do regarding issues Take vour power back that are none of their business. Now it's blown up in your face.

The government is not your friend, not your protector, not your savior.

Should I use 'our' and not 'you' in Take our power back this rant? Probably.

Take your power back

Shameless plugs

Subscribe to That
Plant Fucker:
http://eepurl.com/gvKkbT

For printed copies, email me at wonderfullife2012b@gmail.com

If you enjoyed this
zine, you can Buy Me a
Coffee
https://kofi.com/sabinagartler