an May 2022

#### Bad Poem

Between the

Color that shines

And

The stillness of empty Bitter sets its hefty head

Bitter draws dreams
Of lovers never been
Lighting truth
With an unwelcomed vivacity

Sweet provokes only passion

But awakens the addict

Bitter receives only distaste

But dies for our sins

## Bile & Bitter, a love story

His name was Burdock, King Burdock if we're getting technical. But he usually didn't stand on formalities.

For Bile, it was instant attraction. As soon as Burdock triggered the bitter taste receptors on the tongue, Bile began to flow from absolute magnetism.

For Burdock, he had never known such release as when Bile kissed his fibrous roots.



## Dandelion & Burdock Herbal Bitters

- 2 tbsp or 20 g dried dandelion root
- 2 tbsp or 24 g dried burdock root
- 1 tbsp or 8 g dried sweet orange peel
- 1½ cups or 360 ml vodka or other neutral spirits

Combine the herbs and spirits in a pint-size (473-ml) jar.

Cover the jar with a lid and shake to mix well.

Put the jar in a cool, dark place to infuse for 4 to 6 weeks. Strain out the herbs using a fine-mesh sieve.

Drink up to 1 fluid ounce (30 ml) before or after a meal to help aid digestion or to calm an upset stomach.

adamantliving.com/dandelion-burdock-herbal-bitters/

Doctrine of Signatures

Those
Burdock
burrs that
stick to
everything
and inspired
Velcro - they
stick to your
dog's fur too.

They are not trying to annoy you. They are screaming, "use my root to clean your dog's liver, you stupid dumb bitch."

My apologies, Burdock burrs are notoriously foul-mouthed.



# Say Hello to new nightmares



### Rant

# Literal Bitter vs. Metaphorical Bitter

Bitter foods - roots, greens have a benefit. We may consider
them an 'acquired' taste, but once
acquired, their consumption
improves our digestion and
cleans our blood.

What about metaphorical bitterness? Does it too provide a benefit? Does the bitter sting in a heart tell the story of trusting the wrong people or seeing the world's harsh reality? Once acquired, doesn't metaphorical bitterness protect us when stored in small doses?

"Be happy and trusting and open to the world." Anyone who's lived in the world knows the recklessness of this song.



# Shameless plugs

Subscribe to That Plant Fucker: http://eepurl.com/gvKkbT

For printed copies, email me at wonderfullife2012b@gmail.com

If you enjoyed this zine, you can Buy Me a Coffee https://ko-fi.com/sabinagartler