

That Plant Fucker



September 2021

Bad Poem

Mabon

Bless second harvest
Revolutions from summer
One milestone to bliss

Apples don't grow here
Can we mark the equinox
When symbols fail us?



The Cohosh Sisters - Blue and Black

Blue Cohosh

For the mom-to-be
Worshipped for her divine gift
Revel in your place

Blue sister eases
Shift from parasite to life
Expel the youngling

When you are too weak
Set the spirit free from wombs
With Blue to ease exit



Black Cohosh

For the crone-to-be
No one gives a shit about you
Find your own support

Black will not decry:
Imagination rules you
Now take your Xanax

Moody minds buy Black
Hot flushes at night under drape
Cooled by Black's root art

Red Clover, Hops and Black Cohosh Tea

Two teaspoons of the
Clover of red dried as dust
Leafy bits of green

One teaspoon of the
Hops crushed to not look like blooms
Dried by heat or sun

One teaspoon of the
Black cohosh root broken and
Void of all moisture

Combine the plant stuffs
Join with water of 2 cups
Ten minute steep



Doctrine of Signatures

Blue Cohosh

As if limbs in spasm
Calms muscle in limb or womb
Too cryptic for me

is taken over by the placenta from the
assess. Abortion now simulates labor, but
be partially or completely retained after
is. If all the products of conception are
months, a "fleshy mole" may develop.
ing on time of occurrence and other factor
assisted as threatened, imminent, inevitable,
plete, missed, septic, habitual, or therapeutic
THREATENED ABORTION
sac has not yet been detached. Vagina
may be slight or profuse. Slight antenatal
y not be present and it may precede or fo
cervix is closed and there is no shorten
nal.

Black Cohosh

Flower stalk as snake
Teaches how to cure a bite
Recognize or die



Rant

Water and water
Full of plastic bits in mass
Recycle is myth

No more suckling at
Plastic's hygienic promise
Germs or substitute

Water and water
Cleaning starts with reduction
Water in water



Shameless plugs

Subscribe to That Plant Fuckers:
<http://eepurl.com/gvKkbT>

For printed copies, email me at
wonderfullife2012b@gmail.com

If you enjoyed this zine, you can
Buy Me a Coffee
<https://ko-fi.com/sabinagartler>

(c) 2021 Sabina Gartler